



Official regulations
3rd RET – Rureifel Trail 2026
April, 18th 2026



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01. Race organizer

Rahn Endurance Sports

Fabian Rahn und Norbert Wortberg
www.rureifel-trail.com
office@rureifel-trail.com

02. Start and finish

Burg Nideggen/ Kreis Düren

Kirchgasse 10
52385 Nideggen

03. Races

	Distanz	Elevation gain	Max. number of participants
RET KIDS	1.5 km	50 D+	100
RET11	12 km	444 D+	300
RET22	22.5 km	807 D+	700
RET44+	46 km	1.828 D+	400
RET 77	77 km	2.863 D+	250
RET HIKE22	22.5 km	807 D+	75
RET HIKE44+	46 km	1.828 D+	75

Elevation (D+) and distance were taken from ITRA.

04. Cut-Off time

Anyone who crosses the finish line by **8:45 p.m.** will be listed in the results.

05. Entry fee

	Früher Vogel	Goldene Mitte	Späte Zündung
Registration	0 to 500.	501. to 1.000	1.001. to 1.800
RET KIDS	5,- €	5,- €	5,- €
RET11	22,- €	27,- €	32,- €
RET22	29,- €	35,- €	42,- €
RET HIKE22	29,- €	35,- €	42,- €
RET44+	56,- €	67,- €	79,- €
RET HIKE44+	56,- €	67,- €	79,- €
RET77*	95,- €	108,- €	125,- €

*Includes a warm meal. Meals will be served in the castle's Rittersaal.
See also 'After Race Menu' further down in the regulations.

06. Reduced entry fee

School pupils, students, and trainees up to the age of 27, as well as recipients of citizen's income, receive a discount.

RET11= -€2.50, RET22/Hike= -€5, RET44+/Hike= -€10, RET77= -€15
The discount will be refunded in cash upon presentation of appropriate written proof when the race number is issued.

07. Insurance/BIB transfer

Insurance can be booked at the time of registration. This allows you to change the distance or the participant's name once before March 31, or to postpone the start until the following year.
(See §4 of the General Terms and Conditions)

RET11, RET22/HIKE22: +5,- €, RET44+/RET HIKE44+: +10,- €, RET77: +15,- €



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08. BIB distribution

In the castle courtyard of Burg Nideggen

Friday: 5 until 7 p.m.: all distances

Saturday: starting 05:15 a.m.: RET75 and RET Hike44+

starting 07:00 a.m.: RET11, RET22, RET Hike22, RET44+

starting 3:15 p.m.: RET Kids

09. Schedule* Saturday april 18th (race day)

6:15 a.m.	Start RET77
6:25 a.m.	Start RET Hike44+
9:10 a.m.	Start RET22 1. Startgruppe
9:20 a.m.	Start RET22 2. Startgruppe und RET Hike22
10:15 a.m.	Start RET11
10:25 a.m.	Start RET44+
from 10:45 a.m.	First finishers RET22 and RET11
12:20 a.m.	Top 3 price giving RET22 and RET11 and AG
from 12:30 a.m.	First finishers RET Hike22
from 1 p.m.	First finishers RET77 man
from 1:40 p.m.	First finishers RET Hike44+
from 1:45 p.m.	First finishers RET77 female
from 2:10 p.m.	First finishers RET44+ man
from 2:45 p.m.	First finishers RET44+ female
3:45 p.m.	More AG price giving RET22 and RET11 Top 3 price giving RET77 and RET44+
4:30 p.m.	Start RET Kids Trail
5:00 p.m.	Price giving RET Kids Trail
5:15 p.m.	AG price giving RET77 and RET44+
8:45 p.m.	Cut-off all distances

(Subject to change)

10. Categories

- **Men and women overall**

- **Age groups** - only from age 40 onwards in 5-year increments

11. Awards

Each participant can optionally order a finisher medal (also with engraving - name, distance, target time) and/or a T-shirt when registering.

RET11, RET22 men and women and RET Kids

Valuable non-cash prizes places 1-3 overall

RET44+ and RET77 men and women

High non-cash prizes:

Place 1= €700

Place 2= €400

Place 3= €250

Age groups men and women

Place 1 non-cash prizes

12. Regio Aachen Laufcup

All four trail distances and the RET Kids will be counted.

13. DUV-Cup

NEW: The RET44+ is part of the DUV-Cup 2026.



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14. UTMB-Index/ITRA-Points

UTMB 20K Index: RET22
UTMB 50K Index: RET44+
UTMB 100K Index: RET77 **NEW!**

ITRA 1 Points: RET22
ITRA 2 Points: RET44+
ITRA 3 Points: RET77 **NEW!**

15. After Race Menu

Optional when registering. We reserve the right to close booking once the meal quota has been reached.
- €12 for all participants (already included in RET77)
- €16 for family members (participants must specify number when booking)
The number of meals is limited (first come, first serve!)

16. Food/WC

Right on site in the world's oldest beer garden in the castle courtyard.

17. Sponsor Exhibition

In the castle courtyard with discount offers from our sponsors.

18. Showers

In the iconic shower truck on the market square.

Stand: 01. Februar 2026